

# Blair Athol Tuckshop Menu

## Winter Menu

### Daily Specials

Available only on that day

#### Monday

Ravioli 2 var	4.20
Taco Wrap	3.80
Small meal	2.20

#### Tuesday

Singapore noodles	4.20
Noodle Cup	2.20
small meal	2.20

#### Wednesday

Shepherds pie	4.20
Mini Fish Burgers	2.50
Small meal	2.20

#### Thursday

Roast Beef	4.50
Chicken Lapinja	4.20
Small meal	2.20

#### Friday

Baked Fish & Wedges	4.20
Vegetable Burger	2.50
Small meal	2.20

#### Drinks

Mt Franklin Water 600ml	3.40
Pump Water 750ml	4.40
Pump Water 400ml	3.00
GV Fruit Juice 300ml	3.20
Just Juice 200 ml	2.00
Classic Milk 375ml	3.40
Big M Milk 250ml	2.80

Where possible we utilise products recommended by the Halal Choices website. A list of products and additional information can be obtained from the Tuckshop Supervisor.

\* Green Choices eat everyday

\* Other choices eat occasionally

### Everyday Hot Food

Corn Cobs	1.50
Baked Vegetarian Dim Sims (3)	2.20
Nachos	3.60
Vegetarian Spring Roll	1.80
Vegetarian Samosas (4)	1.20
Vegetarian Nuggets (4)	2.20
pizza 2 var	2.60
mini burgers 4 var	2.50
Fish Fingers (4)	2.20
Chicken Nuggets (4)	2.70
Hot Dog in Wholemeal Roll	3.50
Rite Bite Sausage Roll	3.00
Rite Bite Pie	3.00
chilli chicken wrap	2.20
Halal Pie	4.00
Halal Sausage Roll	4.00
Meat Pastie	4.20
Vegetarian Pastie	4.20
Potato Pie	4.20

#### Sometimes Treats

Ovalteenies	1.40
Rice Crackers	1.20
Sesame Bar	1.40
Red Rock Chips	1.40
Quelch	1.00
Ice Cream Square	1.00
Icy Pole	2.00
Lifesaver	2.20
Milo Scoop	2.70
Fandangles	1.70
cornitos	1.2
kindy pack,juice/sultana/cheese	4.2

#### Sometimes Sweet Treats

Jelly Cup Lge	1.50
Jelly Cup Med	1.20
Jelly Cup Sm	0.70
Homemade Muffins	2.20
Homemade Biscuits	1.70
Choc Brownie Gluten Free	2.20

### Everyday Healthy

#### Snacks

Fresh Watermelon Tubs	2.00
Fruit Salad	3.20
Carrot & Celery Sticks	1.00
Dips & Crudities	2.70
Cheese	0.90
Jatz	0.90
Cheese & Jatz	1.80
recess pack, biscuit/milk	3.80
Lite Popcorn small	0.20
Lite Popcorn large	0.60
Reduced Fat Yoghurt	2.40
Yoghurt Shop 200gm	3.20

#### Sandwiches

Cheese Tomato	3.70
Chicken or Beef	3.70
Chicken Lettuce Mayo	3.80
Egg Lettuce Mayo	3.80
Meat Salad	4.00

#### Double Cut Rolls

Cheese Tomato	4.30
Chicken or Beef	4.30
Chicken Lettuce Mayo	4.40
Egg Lettuce Mayo	4.40
Meat Salad	4.60

#### Wraps

Cheese Tomato	4.00
Chicken or Beef	4.00
Chicken Lettuce Mayo	4.10
Egg Lettuce Mayo	4.10
Meat Salad	4.30

#### Salads

meat Salad	4.20
garden/greek	3.70
salad of the day	3.70

#### Extras

All sauces 4 var	0.30
any extras	0.70