

**BLAIR ATHOL NORTH B - 6**  
**CANTEEN MENU 2023 TERM 1**

|                   |                                                                              |         |        |
|-------------------|------------------------------------------------------------------------------|---------|--------|
| <b>Monday:</b>    | 5 Roasted BBQ Chicken Wings                                                  | (H)     | \$5.00 |
|                   | Nachos: corn chips, salsa & cheese                                           | (H) (V) | \$4.00 |
| <b>Tuesday:</b>   | Banh Mi: chicken, garlic paste, pickled carrot, cucumber, corriander         | (H)     | \$5.00 |
|                   | Banh Mi: tofu, garlic paste, pickled carrot, cucumber, corriander            | (H) (V) | \$5.00 |
| <b>Wednesday:</b> | Singapore Noodles: chicken, noodles, snow peas, carrot, capsium, bean shoot: | (H)     | \$5.00 |
|                   | Singapore Noodles: noodles, snow peas, carrot, capsicum, bean shoots         | (H) (V) | \$5.00 |
| <b>Thursday:</b>  | Roast Chicken: chicken, potato, pumpkin, cauliflower, broccoli & gravy       | (H)     | \$6.00 |
|                   | Roast Veggies: potato, pumpkin, cauliflower, broccoli & gravy                | (H) (V) | \$5.00 |
| <b>Friday:</b>    | Stuffed Capsicum: beef mince, rice, lentils, fetta                           | (H)     | \$5.00 |
|                   | Stuffed Capsicum: rice, lentils, fetta                                       | (H) (V) | \$5.00 |

**(H) Halal (V) Vegetarian**

**HEALTHY CHOICES**

|                        |         |
|------------------------|---------|
| Chicken Salad          | \$ 5.00 |
| Greek Salad            | \$ 5.00 |
| Garden Salad           | \$ 5.00 |
| Snack Pack             | \$ 5.00 |
| Watermelon Tubs        | \$ 3.50 |
| Fruit Salad            | \$ 4.50 |
| Corn Chips & Salsa     | \$ 4.00 |
| Dip & Veggies          | \$ 3.50 |
| Cheese & Crackers      | \$ 3.50 |
| The Yoghurt Shop Tubs  | \$ 4.20 |
| Carrot & Celery Sticks | \$ 1.50 |

**EVERYDAY PRE ORDER HOT SELECTION**

|                                        |         |
|----------------------------------------|---------|
| Large Chicken Burger (H)               | \$ 5.50 |
| Small Beef Burger (H)                  | \$ 3.00 |
| Small Chicken Burger (H)               | \$ 3.00 |
| Veggie Patti Burger (H) (V)            | \$ 5.00 |
| Vili's Lite Beef Pie (H)               | \$ 4.40 |
| Vili's Lite Sausage Roll (H)           | \$ 4.40 |
| Homestyle Potato Pie                   | \$ 5.50 |
| Corn on Cob (H) (V)                    | \$ 1.50 |
| 2 Dim Sim (H) (V)                      | \$ 2.50 |
| Large Spring Roll (H) (V)              | \$ 2.00 |
| 4 Samosa (H) (V)                       | \$ 1.50 |
| Fish & Wedges (H)                      | \$ 5.00 |
| Vegetarian Nachos - Large (H) (V)      | \$ 4.00 |
| Vegetarian Nachos - Small (H) (V)      | \$ 3.00 |
| Spinach & Ricotta Ravioli (V)          | \$ 5.00 |
| Small Pasta with Italian sauce (H) (V) | \$ 3.00 |
| Sweet Chili Chicken Wrap (H)           | \$ 5.00 |
| Hot Dog with Sauce                     | \$ 4.00 |
| Ham & Pineapple Pizza Single           | \$ 4.00 |
| Ham & Cheese Pizza Single              | \$ 4.00 |
| Chicken Monster noodle cups (H)        | \$ 3.00 |
| 1/2 Garlic Bread (H) (V)               | \$ 2.00 |
| Garlic Bread (H) (V)                   | \$ 3.00 |
| 4 Chicken Nuggets - (H)                | \$ 3.00 |
| 6 Chicken Nuggets - (H)                | \$ 4.50 |

**SOMETHING FRESH**

|                            | <b>SW</b> | <b>WRAP</b> | <b>ROLL</b> |
|----------------------------|-----------|-------------|-------------|
| Cheese & Tomato            | \$ 3.50   | \$ 4.50     | \$ 5.50     |
| Salad                      | \$ 4.00   | \$ 5.00     | \$ 6.00     |
| Chicken, Lettuce & mayo    | \$ 4.50   | \$ 5.50     | \$ 6.50     |
| Chicken & Salad            | \$ 5.00   | \$ 6.00     | \$ 7.00     |
| Egg, Lettuce & Mayo        | \$ 4.50   | \$ 5.50     | \$ 6.50     |
| Chicken, Avocado & Lettuce | \$ 5.00   | \$ 6.00     | \$ 7.00     |
| Falafel, Cheese & Lettuce  | \$ 4.50   | \$ 5.50     | \$ 6.50     |

**SOMETIME TREATS**

|                             |         |
|-----------------------------|---------|
| Juice Cups                  | \$ 1.50 |
| Billabongs                  | \$ 2.00 |
| Milo Cups                   | \$ 3.00 |
| Quelch                      | \$ 1.00 |
| Honey Soy Chicken Chips 28g | \$ 1.50 |
| Sea Salt Chips 28g          | \$ 1.50 |
| Jumpys                      | \$ 1.50 |
| Corntos 20g Cheese          | \$ 1.50 |
| Corntos 20g BBQ             | \$ 1.50 |
| Popcorn 13g                 | \$ 0.50 |
| Daily Cake Slice            | \$ 2.00 |
| Seasame Snaps               | \$ 1.50 |
| Jelly Cup                   | \$ 1.50 |
| Gluten Free Cookies         | \$ 3.50 |
| Gluten Free Muffin          | \$ 4.50 |
| Homemade Cookie             | \$ 2.00 |

**Drinks**

|                         |         |
|-------------------------|---------|
| Mt Franklin Water 600ml | \$ 3.40 |
| Mt Franklin Water 400ml | \$ 3.00 |
| Pump Water 750ml        | \$ 4.50 |
| Sparkling Water         | \$ 3.00 |
| Juice Box 250ml         | \$ 2.00 |
| Chocolate Milk 375ml    | \$ 4.00 |
| Strawberry Milk 375ml   | \$ 4.00 |
| M2GO Chocolate 250ml    | \$ 3.00 |